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Vida Secures Crucial Funding to Continue Services for Women Survivors of Domestic Abuse

Sheffield, UK – 23 May 2025 – Vida Sheffield a leading specialist charity supporting women who have experienced abuse & trauma, is thrilled to announce that it has secured vital funding, ensuring its services will continue beyond June 2025. This critical financial support allows Vida to maintain its essential counselling, therapy, and recovery programs, preventing the imminent closure that had threatened its future.

The charity extends its deepest gratitude to **Brelms Trust, Lloyds Bank Foundation, and Synergy MHA**, whose generous support has helped secure Vida's immediate future. Special thanks also go to **Henry Smith Charity**, who worked closely with Vida following confirmation of support late last year.

A Community Campaign That Made a Difference

For over 18 months, Vida faced uncertainty. In November 2023, after severe funding cuts jeopardised its specialist therapy services, the charity launched a **petition for emergency council funding**. This was presented at a **Sheffield City Council meeting on 17th July 2024** and signed by over 27,000 supporters. The petition highlighted the community's urgent call to safeguard Vida's essential work. While securing core multi-year funding remains the long-term goal, Vida has joined forces with others in the sector to advocate for **£27.5 million in government spending** to assist women survivors of abuse on their recovery journey.

Vida's Impact: 30 Years of Lifesaving Support

Celebrating its **30th anniversary**, Vida remains a beacon of hope for women in Sheffield, providing specialist trauma recovery services that change lives. Among its many achievements, Vida has:

- **Averted Crisis through Therapy** – Offering **Trauma Focused Cognitive Behavioural Psychotherapy (TFCBP), counselling and EMDR**, Vida delivers over **216 therapy sessions per month**, ensuring that every woman receives support tailored to her needs
- **Created Innovative Groups** - **The Wellness Recovery Group, PTSD Life After Trauma, Trauma & Self Esteem and the Pain & Fatigue Support Group**, all of which provide new pathways to healing.

- **Eased Pressure on the NHS** – With **62% of referrals** coming through the **NHS**, Vida saves local health services an estimated **£50,000 per month**, while helping women rebuild their lives.

About Vida

Vida is a **specialist trauma-focused charity** based in Sheffield, dedicated to empowering women who have experienced abuse. Through **TFCBP, EMDR, counselling, emotional and practical support**, Vida offers a **safe haven for recovery**, ensuring that survivors receive the care they need to heal and reclaim their lives.

To learn more about Vida and its transformative impact, visit www.vidasheffield.org.uk.

For the Editor

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