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Woman's Trust, PO Box 70420 London NW1W 7QL

The RT Hon Yvette Cooper MP, Secretary of State for the Home Office The RT Hon Wes Streeting MP, Secretary of State for Health and Social Care

## Copied:

The RT Hon Rachel Reeves MP, Chancellor of the Exchequer Baroness Merron, Parliamentary Under-Secretary of State for Patient Safety, Women's Health and Mental Health Jess Phillips MP, Parliamentary Under-Secretary of State for Safeguarding and Violence Against Women and Girls

9 May 2025

Dear Secretaries of State,

## Prioritise the mental health of women and children survivors of domestic abuse

We welcome the government's ambition to half Violence Against Women and Girls (VAWG) in a decade and the Home Secretary's commitment to develop a new VAWG Strategy, with measurable outcomes and funding to deliver this. We also welcome the Health Secretary's priority to reform the health response, focusing on community services rather than hospitals and prevention rather than treatment.

Since July 2024, the new Government and the National Police Chiefs Council recognised **domestic abuse as a national emergency**. It devastates the lives of over 4 million people, including 1 in 4 women and 1 in 5 children (ONS, 2024). Over the last decade, the Government's work has focused on the criminal justice and housing responses to domestic abuse, which are vital for responding to survivors' need for physical safety. Yet, despite the law in 2021 recognising the emotional and psychological abuse that victims experience, there has been **no response to address the impact of the trauma on survivors' mental health**.

The recent heartbreaking deaths of Jessie Laverack, Kiena Dawes, Chloe Holland and so many others by suicide, has highlighted what thousands of survivors have been telling Woman's Trust and the women's VAWG sector for decades. **More women die by suicide than homicide due to domestic abuse** by a partner/ex-partner (NPCC, 2025); 83% of survivors consider counselling as their biggest need, which remains largely unmet, as reported by the Domestic Abuse Commissioner in 'Patchwork of Provision' (DAC, 2022).

The recent report 'Living without hope' (2025) by Woman's Trust, the leading mental health specialist for domestic abuse, presents evidence and the case for an improved mental health response for survivors of domestic abuse. It summarises the numerous recent government consultations and taskforce reviews on women's health and the impact of domestic abuse by the previous government. It also provides an overview of research by academics and charities, including the recent report on the mental health of black and

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<sup>&</sup>lt;sup>1</sup> https://womanstrust.org.uk/wp-content/uploads/2025/03/Living-without-hope-Full-Report-March-2025.pdf

minoritised women survivors '2(Thiara, R. (University of Warwick), Imkaan, and Women and Girls Network, 2024).

Moreover, there is an economic case for a community-based mental health response, as there is a saving of up to £11 for every £1 invested in the health response for women (NHS Confederation, 2023), with significant benefits to her family and wider community. Without adequate and appropriate mental health support, survivors are often unable to maintain their housing and employment, or to support their children effectively - all priorities in the Prime Minister's and Government's Plan for Change.

Despite this, the Woman's Trust report found that NHS England and the Home Office have not taken action to date, to respond to the mental health needs of survivors and patients, and specifically women and children. The recent National Audit Office report (Tackling VAWG, 2025) found that the Government VAWG Strategies developed in the last decade were not based on an understanding of what works, nor did they make the most of the available expertise and knowledge to inform the Strategy.

## We ask you to **take immediate action**:

- Make the mental health of domestic abuse survivors, particularly women and children, a key
  priority and focus of both the Mental Health and VAWG Strategies, planned to be launched by your
  Departments in May 2025.
- Provide funding of at least £27.5m per year to deliver specialist counselling and therapeutic support in the community, for women and girls affected by domestic abuse, in the Spending Review in June 2025.

We urge you not to continue to prioritise the agenda set by the perpetrator, by focusing only on survivors' physical safety. It is vital that we respond to survivors' mental health needs and safeguard them from the psychological damage and trauma, to enable them to recover and rebuild their lives.

We look forward to continuing to support the Government's work in responding to this national priority.

Yours sincerely,

Heidi Riedel, Woman's Trust
Abi Billinghurst, Abianda
Liz Mack, Advance
Indy Cross, Agenda Alliance
Souad Talsi MBE, Al-Hasaniya Moroccan Women's Centre
Jacqui Fray, Amadudu Women's Refuge
Joy Doal, Anawim
Sarbjit Ganger, Asian Women's Resource Centre (AWRC)
Shaminder Ubhi, Ashiana Network
Dr Shonagh Dillon, Aurora New Dawn
Alix Simpson, Berkshire Women's Aid
Clair Johnson, Bexley Women's Aid
Jigisha Patel, Birmingham & Solihull Women's Aid

<sup>&</sup>lt;sup>2</sup> https://www.imkaan.org.uk/why-should-our-rage-be-tidy

Naomi Delap, Birth Companions

Lisa Dando, Brighton Women's Centre

Constanze Sen, Bromley & Croydon Women's Aid

Colette Bryne, Broxtowe Women's Centre Project

Angie Steward, Cambridge Women's Aid

Andy Bell, Centre for Mental Health

Harriet Wistrich, Centre for Women's Justice

Jacqueline Stewart, Clean Break

Vicky Bunnage, Crossroads Derbyshire

Michelle Blunsom, East Surrey Domestic Abuse Services

Amanda Elwen, Emily Davison Centre

Andrea Simon, Ending Violence Against Women (EVAW)

Bridget Symonds, Galop

Elisabeth Sheppard, Gilgal Birmingham

Yasmin Khan, Halo Project Charity

Sarah Pascoe, Haven Domestic Abuse Service

Debbie Fawcett, HARV Domestic Abuse Services

Ashleigh Walsh, HARV Housing

Keasha Kellam, Honour Thy Woman Group

Zaiba Qureshi, Housing for Women

Sarah Hill, IDAS

Diana Nammi, IKWRO

Medina Johnson, IRISI

Ghadah Alnasseri, Imkaan

Sam Clifford, Jewish Women's Aid

Paula Clarke, Juno Women's Aid

Sawsan Salim, Kurdish and Middle Eastern Women's Organisation - KMEWO

Tori O'Callaghan-Lake, Springfield Domestic Abuse Support Services

Gisela Valle, LAWRS

Nik Peasgood, Leeds Women's Aid

Paula Nolan, Liverpool Domestic Abuse Service

Shani Lee, London VAWG Consortium

Kate Lawrence, Lotus Families in East Sussex

Sarah O'Leary, Missing Link, Next Link and Safe Link

Lesley Storey, My Sisters Place

Rukhsana Ismail, NIDAS

Hannah Ashford, North Devon Against Domestic Abuse Ltd

Claire Williams, Oasis Domestic Abuse Service

Claire Hubberstey, One Small Thing

Aneta Mackell, OPOKA CIO

Claire Bennett, PAC – Be Free Services

Louise Neville, Paladin NSAS

Pia Sinha, Prison Reform Trust

Rachael Grey, Project Lighthouse

Gemma Sherrington, Refuge

Jo Todd CBE, Respect

Jo Gough, Rise UK

Fran Ellis, Rising Sun Domestic Violence and Abuse Service

Surwat Sohail, ROSHNI

Liz Thompson, SafeLives

Naomi Wood, Safer

Janet Dalrymple, Safer Places

Jasmine Mohammad, Safety4Sisters Northwest

Jo Charleson, Salford Women's Aid

Carey Philpott, SATEDA

Hollie Venn, Sheffield Women's Aid

Sukhvinder Kaur, Sikh Women's Aid

Kate Rowland, Society Without Abuse

Nahar Choudhury, Solace

Selma Taha, Southall Black Sisters (SBS)

Charlotte Almond, Staffordshire Women's Aid

Sam Booth, Staffordshire Pathway project

Jackie Hyland, Standing Together Against Domestic Abuse (STADA)

Angie Airlie, Stay Safe East

Yasmin Khan, Staying Put

Samantah Higginbottom, Stockport Without Abuse

Claire Lambon, Stop Domestic Abuse

Jill Cooper, Stroud Women's Refuge

Gemma Magee-Herd, St Albans and Hertsmere Women's Refuge

Heather Smiles, Sutton Women's Centre

Saskia Garner, Suzy Lamplugh Trust

Gail Heath, The Pankhurst Trust

Lisa Larsen, The Liberty Centre

Shigufta Khan, The Wish Centre

Rokaiya Khan, Together Women

Karen Hague MBE, Vida Sheffield

Farah Nazeer, Women's Aid

Jackie May, Women's Centre Cornwall

Natasha Finlayson, Working Chance

Laura Seebohm, WWIN Specialist Domestic Abuse Service

Sara Britnell, Wycombe Women's Aid

Fiamma Pather, Your Sanctuary