

Vida Sheffield: Local Support Services

Although Vida Sheffield has closed, support remains available through a number of local organisations and services. The organisations below provide specialist support, advice and information for people affected by domestic abuse, sexual violence and related issues.

IDAS - Domestic Abuse Helpline

IDAS currently deliver the Domestic Abuse Helpline and community based domestic abuse services to women, men and young people in Sheffield. The former IDVAS/High Risk Service now works across all levels of risk.

- Helpline: 0808 808 2241
- Tel: 0114 276 0999
- Website: <https://www.idas.org.uk/>

Young Women's Housing Project (YWHP)

Young Women's Housing Project provides safe places to live and specialist support to young women, primarily aged 16-25, to overcome the impacts of sexual abuse and exploitation.

- Tel: 0114 268 0580
- Website: <https://www.ywhp.org.uk/>

Ashiana

Ashiana provide specialist services to support and empower women from BAMER communities whose lives have been affected by violence and abuse, including domestic abuse, forced marriage, honour based abuse and trafficking.

- Tel: 0114 255 5740
- Website: <https://www.ashianasheffield.org/>

Haven

Haven offer 1-1, group work and family sessions for children and young people affected by living with domestic abuse in Sheffield.

- Tel: 0114 213 0590
- Website: <https://www.haven.org.uk/>

Sheffield Women's Aid

Women's Aid provide refuge accommodation and specialist support to women and children fleeing domestic and sexual abuse.

- Tel: 0114 236 6423 / 244 6573

- Referrals via Sheffield Housing Support pathway: 0114 273 6306
- Website: <https://www.sheffieldwomensaid.org.uk/>

Saffron

Saffron (formerly Sheffield Women's Counselling and Therapy Service) provides free, confidential therapy and counselling services to women in Sheffield.

- Tel: 0114 275 2157
- Website: <https://www.saffronsheffield.org.uk/>

SRASAC - Sheffield Rape & Sexual Abuse Centre

Services for survivors of all genders who have experienced rape and/or sexual violence.

- Tel: 0114 241 2766
- ISVA service: 0114 241 2791
- Website: <https://www.srasac.org.uk/>

Mums In Need

Mums In Need are a Sheffield based charity specialising in post-separation coercive control and supporting women and children facing post-separation abuse.

- Tel: 0800 852 7414 (Monday-Friday 10am-3pm except Bank Holidays)
- Website: <https://www.mumsinneed.com/>

Sheffield DACT (Domestic Abuse Coordination Team)

Sheffield City Council Domestic Abuse and Sexual Violence Advice and Support provides information and support routes for women, men and young people.

- Website: <https://www.sheffield.gov.uk/public-health/get-help-with-domestic-abuse>

SWWOP

Sheffield Working Women's Opportunities Project provides outreach services and an exit project to women working as street sex workers.

- Tel: 0800 917 8244
- Website: <https://www.swwop.org/>

Light

Light provides peer support to families during the perinatal period through groups, 1-1 sessions, telephone, video call and email support.

- Tel: 0114 438 8962
- Website: <https://www.lightpeersupport.org.uk/>

Snowdrop Project

The Snowdrop Project supports survivors of modern slavery and exploitation in South Yorkshire to recover and build their futures.

- Tel: 0333 880 5008
- Email: info@snowdropproject.co.uk